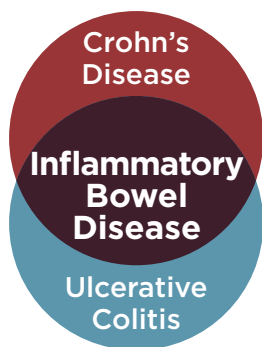


What is IBD?

INFLAMMATORY BOWEL DISEASE (IBD) REFERS TO **TWO DISEASES** OF THE DIGESTIVE SYSTEM, INCLUDING **CROHN'S DISEASE** and **ULCERATIVE COLITIS**

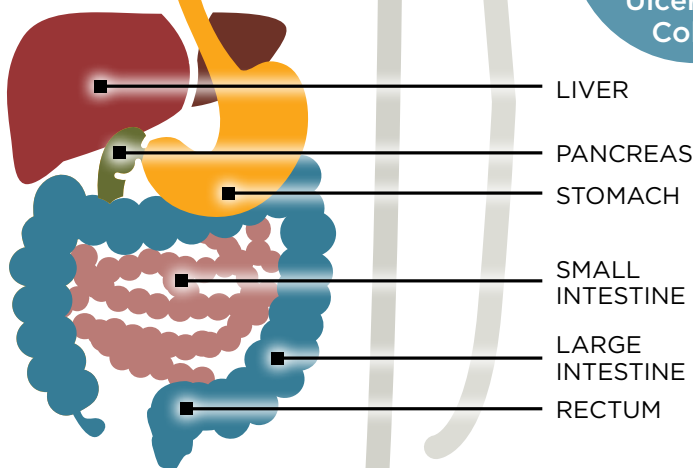
IBD is very different from Irritable Bowel Syndrome (IBS)

“A personalized approach is key.”



CROHN'S DISEASE: Inflammation in any part of the digestive tract, most commonly the last portion of the small bowel and the first part of the large intestine. 25% of patients will also have inflammation around their anal area.

ULCERATIVE COLITIS: Inflammation of the large intestine (colon and rectum).



GENERAL IBD SYMPTOMS

✓ = Common
◆ = Uncommon

SYMPTOM	Crohn's	Ulcerative Colitis
Abdominal Pain	✓	◆
Persistent Diarrhea	◆	✓
Weight Loss	✓	✓
Joint Pain and Swelling	✓	◆
Fatigue	✓	✓
Mouth Sores	✓	◆
Anemia / Iron Deficiency	✓	◆
Bleeding	◆	✓
Urgency	◆	✓

Effective plans focus on

OVERALL HEALTH

while minimizing **SIDE EFFECTS and DISCOMFORT**

GOAL

TREATMENT:

Achieve Remission

→ Improve Symptoms
→ Control Inflammation

BETTER QUALITY OF LIFE!

Medication | Surgery | Diet | Nutrition

Every patient's IBD is different, so a personalized approach is key.

For an appointment, call 888-824-0200 ■ Or to learn more, visit uchospitals.edu



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UChicago Medicine