Balloon G-Tube: How to Check the Water

1. Start by preparing a clean workspace

2. Wash your hands and lay out your supplies
   - Two 5ml syringes
   - Small cup of tap water

3. Fill one 5ml syringe with the amount of water your child must have in their G-Tube balloon.
   - The Pediatric APN will tell you how much water to put into your child’s G-Tube balloon. This is often about 3 to 4ml.
   - Set aside

4. Attach the other (empty) 5ml syringe to the balloon port of the G-Tube

5. Hold the G-Tube in place and:
   - Withdraw all of the water from the balloon by pulling back on the plunger
   - Disconnect the syringe and look to see how much water is in it

6. If the amount of water is less than the amount needed to be in the balloon:
   - Connect the pre-filled syringe and push the water into the balloon