

Balloon G-Tube: How to Check the Water

- 1. Start by preparing a clean workspace**
- 2. Wash your hands and lay out your supplies**
 - Two 5ml syringes
 - Small cup of tap water
- 3. Fill one 5ml syringe with the amount of water your child must have in their G-Tube balloon.**
 - The Pediatric APN will tell you how much water to put into your child's G-Tube balloon. This is often about 3 to 4ml.
 - Set aside
- 4. Attach the other (empty) 5ml syringe to the balloon port of the G-Tube**
- 5. Hold the G-Tube in place and:**
 - Withdraw all of the water from the balloon by pulling back on the plunger
 - Disconnect the syringe and look to see how much water is in it
- 6. If the amount of water is **less** than the amount needed to be in the balloon:**
 - Connect the pre-filled syringe and push the water into the balloon