How to Change a Balloon G-Tube

1. Start by preparing a clean workspace

2. Wash your hands and lay out your supplies
   - G-tube replacement kit
   - 5ml syringe (another 5ml syringe is in the G-Tube kit)
   - Small cup of tap water
   - Water based lubricant
   - Gauze, washcloth or paper towel to clean the site

3. Open the G-tube kit

4. Draw up 3ml of tap water into a 5ml syringe (This amount may change with each child)

5. Check the balloon of new G-tube before using
   - Insert syringe with 3ml water into the balloon port
   - Push water into port to inflate the balloon
   - Check the balloon for a leak
   - Deflate the balloon by pulling water back into syringe
   - Disconnect the syringe

6. For Button G-tubes only:
   - Attach right angle extension set to the Button by lining up black lines on the extension set and the Button G-Tube.
   - Push extension set down and turn to the right to lock in place
   - Skip this step for MIC-G and Foley G-tubes, their extension tubing is part of the G-tube.

7. For all G-tubes: close clamp on MIC-G, Foley G-tube or Button extension set

8. Open lubricant package and insert end of G-tube into packet to lubricate

9. Attach an empty 5ml syringe to the balloon port of your child’s G-tube
   - Withdraw all of the water from the balloon by pulling back on the syringe
   - Lift the G-tube straight up and out
   - Be prepared for leakage from the G-tube site when the balloon is deflated
   - Clean skin around the G-tube with warm water and pat dry

10. Insert the new G-tube into opening and hold in place
    - Attach syringe with desired amount of water to the balloon port
    - Push the water into the balloon port to fill the balloon inside the stomach

11. Check G-tube placement
    - Open clamp on the extension set
    - Look for stomach contents to back up into the tubing
    - Close the clamp
    - Secure the G-tube if needed:
      - No securement needed for Button G-Tubes
      - For MIC-G and Foley G-tubes, refer to tip sheets for securement recommendations