Home Care Instructions for All G-Tubes

You will have **2 follow-up appointments** scheduled before you leave the hospital. Your **first appointment will be 2 weeks** after leaving the hospital.

The second appointment will depend on the type of G-Tube you have.

Daily Care

- **Clean around the G-Tube** with gentle soap and water at least 2 times a day or with each securement device change for Foley G-Tubes.
- **Turn the G-tube** 1/4 turn 2 times a day to lessen the risk of skin breakdown. Do this when you change the securement device for Foley G-Tubes.



Button G-Tube



MIC-G Tube



Foley G-Tube

- Sponge bathe only for the first 4 weeks after surgery to allow surgical site to heal.
- You may submerge your child's G-Tube under water in a tub after 4 weeks.
- **Do not use any creams or ointments** around the G-Tube site unless told differently by the Pediatric Surgery APNs.
- Always flush the G-Tube with 5ml water before and after every use.

When to call Pediatric Surgery at (773) 702-6169

Call the Pediatric Surgery office right away with:

- Fever over 101.5 degrees Skin at the incision site is very warm or red
- Bad smelling odor
 A lot of leaking around the G-Tube

If Your Child's G-Tube Comes Out

This is a serious problem that needs medical care right away because the G-Tube opening can close down quickly.

- **Cover the site** with a clean dry gauze or Band-Aid.
- Get medical help right away.
 - During the day Monday to Friday: Call the Pediatric Surgery APN to get an urgent clinic appointment at (773) 702-6169.
 - During the night or on weekends: Go to the Emergency Room for a replacement.



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Home Care Instructions for All G-Tubes

Tips for Button G-Tubes

• Remove the extension set when it is not in use to keep your child from pulling and tugging at the Button G-Tube site.

Extension Set



Tips for MIC G-Tubes

- The **circular disk or bumper** must stay snug against the skin. Make note of the marking number on the tube.
- If the bumper moves up to a higher marking number on the tube, hold the G-Tube upright and gently push and slide the bumper down so that it is snug to the skin.
- The MIG G-Tube may be changed to a shorter Button G-Tube at a later date.





Tips for Foley G-Tubes

- The Foley G-Tube is placed during surgery is usually a size 8Fr. After about 4 to 6 weeks, it may be upsized to a 10Fr size. This can be done at the bedside or in the clinic.
- The Foley G-Tube may then be changed to a MIC G-Tube or a shorter Button G-Tube about 2 weeks after that.
- After that, the G-Tube must be changed every 3 months.



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