IBS vs. IBD

**IBS Symptoms**
- Gas
- Bloating
- Trouble sleeping
- Constipation

**Symptoms Both Share**
- Abdominal pain
- Diarrhea
- Cramping
- Fatigue

**Main Difference:**
- No visible changes seen in examination

**IBD Symptoms**
- Fever
- Blood in the stool
- Anemia
- Weight loss

**Main Difference:**
- Visible inflammation in examination
- Can get progressively worse
- Risk of surgery and hospitalization

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For appointments, call 1-773-702-6169.