### Inpatient Acute Rehabilitation, Hospice and Psychiatric Services

We are pleased to offer our own inpatient acute rehabilitation, hospice and psychiatric services at our UChicago Medicine Ingalls Memorial campus in Harvey, IL.



## Home Health and Home Hospice Services

UChicago Medicine Ingalls Memorial offers home health and home hospice services to provide care for our patients located on the south side of Chicago and the south suburbs.

#### **Post-Acute Care Network**

Ask us about our facility options and preferred providers.

## HOSPITAL DISCHARGE PLANNING





Call us for an appointment 1-888-824-0200 or for more information, visit UChicagoMedicine.org

# A Guide for Patients and Families



### **Discharge Planning**



Discharge planning is how we help you move safely from the hospital back home or to another setting. Planning begins at admission. Your doctor, nurse, social worker and

case manager work with you and your loved ones to make a safe plan for when your doctor says you are medically ready to leave the hospital. For planned admissions requiring rehabilitation services following discharge, please have your preferred facility identified prior to admission



### A Good Plan for Leaving the Hospital



Begins as soon as you arrive



Lessens your chance of having to come back to the hospital



Encourages you to take part in your own care



Helps you continue to heal after discharge



Incudes an after care plan with your primary care provider

## What You Need to Know About Leaving the Hospital



Please ask if you are not sure what day you may be leaving. Your care team will talk with you early in your stay about

your possible discharge date. This date may change, but your health care team will continue to work with you and your family to ensure you are ready.



We plan your discharge so you are in the hospital only as long as needed. You will be able to leave when hospital care is no longer

needed. It is important to know that you may not feel fully healed. It is normal for some healing to continue after you leave the hospital.



Discharge is often before 12:00 p.m., but can happen any time of day or evening. We can assist with transportation arrangements, if needed.

## What You Need to Know About Facility Placements



If you need rehabilitation services before going home, we will help you make those arrangements. We do our best to find

a place you like, but please note, your placement options may be limited by your insurance or bed availability.



We have established relationships with a network of preferred providers to assist in your selection process. Ask us

about our Post Acute Care Network of preferred facility providers.



You will be discharged from the hospital when your medical provider determines you are safe to transition to the next level of care at home or another facility.

Your expected length of stay: