## Oseltamivir (Tamiflu) for Influenza

Oseltamivir is to treat and prevent Influenza (the flu). It is not right for everyone. Do not use oseltamivir if you had an allergic reaction to it.

### How to Use Oseltamivir

Your doctor will tell you how much medicine to use. Do not use more than directed. Start taking as soon as possible after flu symptoms begin or after you are exposed to the flu (within the first 2 days).

Read and follow the patient instructions. Talk to your doctor or pharmacist if you have any questions.

**Ask your doctor or pharmacist before using any other medicine,** including over-the-counter medicines, vitamins, and herbal products.

**Do not take Oseltamivir:**
- For any illness other than the flu.
- If you were given the live influenza vaccine (nasal mist) in the past 2 weeks.
- If you are getting the vaccine within 48 hours, unless your doctor says it is okay.

**Oseltamivir comes in both capsule and liquid form.**

- **Capsules:** Store at room temperature. Keep away from heat, moisture, and direct light. You may open the capsule and mix the contents with a sweet liquid (such as chocolate syrup, corn syrup, or sugar dissolved in water). Ask your doctor or pharmacist if you have any questions.

- **Oral (by mouth) liquid:** Keep in the refrigerator and use within 17 days. Do not freeze. You may also keep the medicine at room temperature, but use it within 10 days. Throw away any medicine that has not been used within this time. Shake the oral liquid before each use. Measure the liquid medicine with the oral dispenser that came with the medicine. Ask your pharmacist for an oral measuring spoon or syringe if you do not have one.

- **Missed dose:** If you miss a dose and your next dose is due within 2 hours, skip the missed dose and take your medicine at the normal time. Do not use extra medicine to make up for a missed dose.

  If you miss a dose and your next dose is due in more than 2 hours, take the missed dose as soon as you can. Then take your next dose at the normal time, and go back to taking it at your regular time.
Oseltamivir (Tamiflu) for Influenza

Warnings When Using This Medicine

- Tell your doctor if you are pregnant or breastfeeding.
- Tell your doctor if you have kidney disease, liver disease, heart disease, lung disease, or a weakened immune system.
- Call your doctor if your symptoms do not improve or if they get worse.
- This medicine may cause serious skin reactions and unusual thoughts or behaviors.
- The liquid form of this medicine has sorbitol. Tell your doctor if you have hereditary fructose intolerance.
- This medicine is not a substitute for a yearly flu shot.
- This medicine will not prevent a bacterial infection.
- Keep all medicine out of the reach of children.
- Never share your medicine with anyone.

Possible Side Effects

Call your doctor right away if you have any of these side effects:

- Allergic reaction: Itching or hives, swelling in your face or hands, swelling or tingling in your mouth or throat, chest tightness, trouble breathing
- Blistering, peeling, red skin rash
- Confusion, agitation, seeing or hearing things that are not there, change in mood or behavior, seizures
- Fever, chills, cough, sore throat, body aches

Talk with your doctor if you have these less serious side effects:

- Throwing up or Nausea (feeling like you want to throw up)
- Diarrhea (watery stools)
- Stomach pain, or upset stomach

Tell your doctor about other side effects you think are caused by this medicine.

Call your doctor for medical advice about side effects.

You may report side effects to the FDA at 1-800-332-1088.