Advance care planning is the process of taking time to decide what is important to you and what you want for your future medical care. Having an advance care plan is important when you cannot make health care decisions because of an accident or illness.

An Advance Care Plan is for **adults at any age over 18** at any stage of health. Your advance care plan can change as goals and values change over your lifetime. For more information and a copy of our **Advance Care Planning Guide**, go to <u>www.uchicagomedicine.org/advancecareplanning</u>.

Be sure to share your Healthcare Power of Attorney (HPOA) form with your care team.

Follow these easy steps to:

- Add Advance Care Planning documents (HPOA)
- Edit contact information for a Health Care Decision Maker
- Find resources on MyChart

Step 1

Log into your MyChart account.

From the Main Menu, select Advance Care Planning





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Step 2

Complete and sign an Illinois Power of Attorney for Health Care Form.

You can use one of the forms found under the Helpful Resources section. The UChicago Medicine version is written in plain everyday language that is easier to read and understand. Both forms are legal and okay to use.



Step 3

Add your Health Care Decision Maker who can make health care decisions for you when you cannot.

To start, click Add Health Decision Maker.

Health Care Decision Maker 🛈

You currently have no health care decision maker.

Add Health Care Decision Maker

Designate one or more health care decision makers who can make health care decisions for you when you cannot. Upload a signed Power of Attorney for Health Care Form (available under Helpful Resources) when submitting.

Step 4

Select your Health Care Decision Maker.

You can choose a person who is already listed as your emergency contact or you can add a new person

Select **Add a new person** if this is someone new.

Health Care Decision Maker 🛈

You currently have no health care decision maker.

New Health Care Decision Maker

*Health Care Decision Maker Select someone to be your Health Care Decision Maker

Select someone to be your Health Care Decision Maker Anthony Smith (PARTNER)

-- Add a new person -- N



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Step 5

If you are adding a new person, enter their first name and last name. Add their relationship to you.

Then, add your decision maker relationship.

Select if this person is your:

- Health Care Decision
 Maker
- Successor Health Care Decision Maker #1
- Successor Health Care Decision Maker #2
- Surrogate Decision Maker

This needs to match what is listed in your Health Care Power of Attorney form.

Step 6

Upload the completed and signed Health Care Power of Attorney form that lists this person as your Health Care Decision Maker.

Click on the document icon to upload a signed HPOA

form. Your HPOA form can be a photo or a PDF document.

ealth Care Decision Ma	ker 🛈	Plannir If a docu
You currently have	no health care decision make	er. Docum
ew Health Care Decision Health Care Decision Maker Add a new person	Maker	•
*First Name Nancy	*Last Name Jones	Corr of A
Relationship WIFE	 * Decision Maker Relationship Health Care Decision Ma 	k ¥
Legal document for this relation	onship 🗸	Upload document



		-
Health Care Decision Maker 🛈)	
You currently have no he	alth care decision maker.	
New Health Care Decision Maker		
Health Care Decision Maker Add a new person	~	
★ First Name	* Last Name	
Relationship 🗸	*Decision Maker Relationship Health Care Decision Mak *	
Legal document for this relationsho	Health Care Decision Maker (Docum Successor Health Care Decision Makes	ented POA for Health Care) er #1 (Documented on POA for Health Care) er #2 (Documented on POA for Health Care)
Country United States	Surrogate Decision Maker (Per Illino	is Health Care Surrogate Act)
Street Address		
	715	
City	e V ZIP	
County 🗸		
Home Phone	Mobile Phone	
Work Phone	Email	
	Save changes Cancel	

Step 7

After you upload the document, make sure it is listed under **Documents In Review**.

Your Menu		UChicagoMedicine		
You currently have no health care decision maker. lew Health Care Decision Maker		Documents On File		
		There are no documents of this kind to display.		
Health Care Decision Maker	n ``	Documents In Review		
*First Name Nancy	*Last Name Jones			
Relationship WIFE	*Decision Maker Relationship Health Care Decision Mak	powerofattornevhealthcareform.pdf		
Legal document for this relationship powerofattorneyhe	althcareform.pdf (Just upload 🍟 🗋	Uploaded on 8/2/2021		
Country United States		Common documents include Advance Directives and Living Will, a Power of		
Street Address		Attorney, or a Physician Prders for Life-Sustaining Treatment (POLST) signed by your physician.		

Step 8

Enter the rest of the information needed

for your Health Care Decision Maker.

Select **Save Changes** at the bottom.

555 Oak Ave				
Chicago	State Illing	ois	•	^{ZIP} 60610
COOK	~			
Home Phone 7737021220		Mobile Phone		
Work Phone		email@email.com		

Step 9

Our team will review the information you have added to make sure it is complete.

If something is missing, you will get a notice saying the reason it was not accepted.





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