Which weight loss approach is right for you?

Experts at UChicago Medicine Center for Weight Management can help you at each step of your weight loss journey, addressing all the causes of weight gain and providing solutions to best fit your life.

MEDICAL MANAGEMENT

Nutrition & Physical Activity Counseling

Behavioral Therapy

Medication







A team of obesity experts will design your personalized weight loss plan. Weight loss results are based on individual responses.

ENDOBARIATRIC PROCEDURES

Endoscopic Sleeve Gastroplasty



Weight loss of up to 30-60 lbs*

No incisions, scarring or permanent anatomy change

Leaves you feeling full sooner so you'll eat less

Endoscopic Intragastric Balloon



Weight loss of up to 10-15 percent*

No incisions, scarring or permanent anatomy change

Leaves you feeling full sooner so you'll eat less

Aspiration Therapy



Weight loss of up to 15-20 percent

Able to eat and socialize normally

Control your own weight loss trajectory

Note: All endobariatric procedures are outpatient

BARIATRIC PROCEDURES

Vertical Sleeve Gastrectomy



of 50-100 lbs*

Does not require

Weight loss

rerouting of food

Effective treatment of

Type 2 diabetes





of 150 lbs* or more

Can result in the

Weight loss

most weight loss and least weight regain

Effective treatment of

Type 2 diabetes

Roux-en-Y Gastric Bypass



Weight loss of 80-150 lbs*

Effective treatment for

heartburn

Effective treatment of

Type 2 diabetes

*Weight loss results may vary

To schedule a consultation, call 1-888-824-0200 or visit uchicagomedicine.org/weight-management.

