



AT THE FOREFRONT  
**UChicago**  
**Medicine**

## Ostomy References

### Contact Information

The Advanced Practice Nurses in Ostomy Care services are a resource for information pertaining to ostomy management and adjustment. Phone consultations as well as outpatient visits are encouraged.

**Jan Colwell, RN, MS, CWOCN**

Voice mail 773-702-9371

Direct page: 773-702-6800, pager #7030

5841 S. Maryland Avenue, MC6043

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**Michele Kaplon-Jones, RN, MSN, CWOCN**

Voice mail 773-834-8317

Direct page: 773-702-6800 pager# 4187

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**Malou De Ocampo, RN, BSN, CWOCN**

Voice mail 773-702-2851

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### Follow Up

The Advanced Practice Nurses in ostomy care services; Jan Colwell, Malou De Ocampo or Michele Kaplon-Jones should see you at least twice after surgery in the outpatient clinic. These visits are used to evaluate the current management system, assess the stoma, the skin and to address adjustment issues. More visits can be scheduled as necessary. It is advisable for a person with a permanent stoma to have a yearly visit to see the ostomy nurse. This visit is used to check the health of the stoma and the skin around the stoma, to evaluate the ostomy pouching system and to review aspects of living with a stoma. To make an appointment call the outpatient clinic scheduling office at 773-834-3524. Visits to the Advanced Practice Nurse in ostomy care are handled at the Center for Advanced Medicine (CAM) Building, 6A.

### Ostomy Related Web Sites and Phone Numbers:

[www.convatec.com](http://www.convatec.com): ConvaTec Company, manufacturers of ostomy pouching systems. Listing of products, order numbers, video on pouch application, sample requests. 1-800-422-8811

[www.hollister.com](http://www.hollister.com): Hollister Company, manufacturers of ostomy pouching systems. Listing of products, order numbers, video on pouch application, sample requests. 1-800-323-4060

[www.coloplast.com](http://www.coloplast.com): Coloplast Company, manufacturers of ostomy products. Product listings, order numbers, sample requests. 1-888-726-7872

[www.ostomy.com](http://www.ostomy.com): United Ostomy Associations of America is a national network for bowel and urinary diversion support groups in the United States. Its goal is to provide a nonprofit association that will serve to unify and strengthen its member support groups, which are organized for the benefit of people who have, or will have intestinal or urinary diversions and their caregivers.