

## Adolescent and Young Adult (AYA) Cancer Support Resources:

### **AYA Cancer Patient Advocacy Organizations**

*Teen Cancer America* :: <https://www.teencanceramerica.org/>

Partners with hospitals to develop specialized facilities and services for teens and young adults with cancer

*Young Adult Cancer Connection* :: <http://yacancerconnection.org/>

Offers emotional and clinical resources, workshop recaps, and peer connection

*Stupid Cancer* :: <http://stupidcancer.org/>

Offers programs and services, such as its annual conferences, to young adults with cancer

*Ulman Cancer Fund for Young Adults* :: <http://ulmanfund.org/>

Raises awareness of unique YA needs and provides resources

*Critical Mass* :: <https://criticalmass.org/>

An alliance of organizations dedicated to enhancing services for YAs impacted by cancer

*SeventyK* :: <http://seventyk.com/>

Educating patients, caregivers, and healthcare providers about the unique needs of the AYA cancer patient

*Society for Adolescent and Young Adult Oncology* :: <http://www.sayao.org/>

Advancing AYA cancer care through research, education, and interdisciplinary collaboration with health professionals

*Livestrong* :: <https://www.livestrong.org/we-can-help/young-adults>

Provides resources and guidance on unique issues of AYA population

## Adolescent and Young Adult (AYA) Cancer Support Resources:

### **Emotional and Peer Support Organizations**

*Lacuna Loft* :: <https://lacunaloft.org/>

Provides online wellness support programs and resources as well as a peer support community

*I Had Cancer* :: <https://www.ihadcancer.com/>

Offers peer connection and discussion forums to young adult cancer patients and survivors

*Imerman Angels* :: <http://imermanangels.org/>

Provides one-on-one mentorships and support for individuals affected by cancer

*CancerCare: Young Adults* :: [http://www.cancercares.org/tagged/young\\_adults](http://www.cancercares.org/tagged/young_adults)

Offers phone counseling, online support groups and workshops for young adults affected by cancer

*Cancer Hope Network* :: <http://www.cancerhopenetwork.org/>

Matches individuals with cancer and their caregivers with trained volunteer survivors

*Spero* :: <http://speroforcancer.com/>

An app that connects people with cancer with others who have a similar diagnosis

*Instapeer* :: <http://instapeer.org/>

An app that provides peer-matching for people with cancer who are of similar age and diagnosis

*CaringBridge* :: <https://www.caringbridge.org/>

Provides an online platform to keep family and friends informed of healthcare updates

## Adolescent and Young Adult (AYA) Cancer Support Resources:

### **Camps, Retreats, Adventure Programs**

*First Descents* :: <http://firstdescents.org/>

Free adventure trips for young adults (18-39) affected by cancer

*True North Treks* :: <http://www.truenorthtreks.org/>

Offers wilderness treks for young adult survivors and caregivers

*Athletes for Cancer* :: <http://www.athletes4cancer.org/>

Adventure trips for young adults affected by cancer

*Send It Foundation* :: <https://www.senditfoundation.org/>

Provides outdoor adventures for young adult cancer fighters and survivors

*Camp Mak-A-Dream* :: <http://www.campdream.org/>

Offers Montana-based retreats for children, teens, young adults and siblings of those affected by cancer

*The Cassie Hines Shoe Foundation* :: <https://www.cassiehinesshoescancer.org/>

Provides a weekend-camp and social support for those who received cancer diagnosis between 16-30. Connects to other camps as well.

*Camp Simcha* :: <http://www.campsimcha.org/>

Offers a free program to people between the ages of 6-20 in or out of treatment for cancer

*Survive and Thrive Cancer Programs* :: <http://survivethrive.org/>

Offers adventure expeditions to young adults affected by cancer. \*\*Cost associated with this program

## Adolescent and Young Adult (AYA) Cancer Support Resources:

### **Financial Assistance and Scholarships**

*SAMFund* :: <http://www.thesamfund.org/>

Provides grants for 21-39 year olds post-treatment or on maintenance therapy and offers financial education webinars and toolkits

SAMFund and Triage Cancer – Finances 101 :: <https://cancerfinances.org/>

Finances toolkit for young adults

*DAM Cancer* :: <http://www.dam-cancer.org/>

Provides financial assistance to young adults (age 18-35) who have cancer

*Cuck Fancer* :: <http://cuckfancer.org/>

Provides financial assistance to young adults (18-29) within five years of diagnosis

*Allyson Whitney Foundation* :: <http://allysonwhitney.org/>

Provides grants to young adults (ages 15-36) currently undergoing or within 8 months of treatment of rare cancer

*Hope for Young Adults with Cancer* :: <http://www.hope4yawc.org/>

Provides resources and funds for young adults (18-40) in or up to 5 years out of cancer treatment for everyday expenses. Also coordinates with Stupid Cancer for meetups

*The Nicki Leach Foundation* :: <http://www.nickileach.org/>

Provides financial grants to young adults (18-30) in cancer treatment

*Patient Advocate Foundation* :: <http://www.patientadvocate.org/>

Provides co-pay assistance and scholarship program for survivors under age of 25 who have been diagnosed with or treated for cancer, a chronic or life-threatening disease within the past 5 years

*My Hometown Heroes* :: <http://www.myhometownheroes.org/>

Provides college scholarships for young adult cancer survivors (17-39)

*Cancer for College* :: <http://www.cancerforcollege.org/>

Provides college scholarships for those affected by cancer

## **Financial Assistance and Scholarships, continued**

*Cancer Survivors' Fund* :: <http://www.cancersurvivorsfund.org/>

Awards four levels of scholarships to assist with college expenses for young cancer survivors.

Provides financial assistance for prosthetic limbs as well

*Sy's Fund* :: <http://sysfund.org/>

Provides funding for ages 18-39 in treatment or with a chronic condition designated for individuals

to pursue creative passions and application of integrative therapies

*Andre Sobel River of Life Foundation* :: <http://andreriveroflife.org/>

Provides immediate financial assistance for single parent families of children with life threatening

illnesses. The foundation also hosts an annual essay contest with financial award for teen survivors

*Brian Morden Foundation* :: <http://www.brianmordenfoundation.org/scholarship.htm>

Awards a scholarship to student pursuing major in either music, technology, or medicine – cancer survivors given special consideration.

*The Michael A. Hunter Memorial Scholarship* :: <https://oc-cf.academicworks.com/opportunities/1331>

Awards secondary education scholarships to Leukemia/Lymphoma patients and/or children of non-surviving Leukemia/Lymphoma patients

*National Collegiate Cancer Foundation (NCCF)* :: <http://collegiatecancer.org/>

The General Scholarship Program supports young adult cancer survivors and current patients

between 18-35 pursuing an associate, bachelor, master's, doctorate or certificate at an accredited college, university or vocational institute

*The Simon Cancer Foundation* :: <http://www.thescf.org/>

Provides scholarship to cancer patients and survivors enrolled in a 4 year university or college

## Adolescent and Young Adult (AYA) Cancer Support Resources:

### **Body Image Support**

*Look Good, Feel Better* :: <http://lookgoodfeelbetter.org/>

Boosting self-esteem of individuals going through cancer through instructive beauty workshops focused on managing cancer's more transparent side-effects

*Body Image Support Groups at UChicago* ::

<http://cancer.uchicago.edu/cancer-info/support.shtml>

- Look Good, Feel Better
  - Groups meet the first Monday of every month at 10:00 a.m. in the DCAM building room #1005. To register, call 1-877-824-0660.
- Facing the Mirror with Cancer
  - For more information or to schedule a session, call Lori Ovitz at 1-312-214-3545.

*J Crager Alternatives* :: <http://jcrageralternatives.com/>

Located at 3950 N. Avondale, Chicago, IL 60641. Provides consultations for hair support and wigs

*Chrysalis Custom Hair* :: <http://chrysaliscustomhair.com/>

Located at 3015 West Roscoe, Chicago, IL 60618. Provides free consultation. Wig and skin products at private salon designated for cancer patients

*Lindi Skin* :: <http://www.lindiskin.com/>

Skin care products designed for individuals undergoing cancer treatment

## Adolescent and Young Adult (AYA) Cancer Support Resources:

### **Career Assistance and Legal Assistance**

*Cancer and Careers* :: <https://www.cancerandcareers.org/en>

Providing tools and resources for those working during and post cancer treatment

*Disability Rights Legal Center* :: <http://drlcenter.org/>

Provides information and education about cancer-related legal issues to the public through its toll-free national telephone assistance line and webinars

*Patient Advocate Foundation* :: <http://www.patientadvocate.org/>

Provides legal counseling regarding access to care, job retention, and medical debt for those with cancer

### **Transportation and Housing Assistance**

*Corporate Angel Network* :: <http://www.corpangelnetwork.org/>

Offers free empty seats on corporate jets for those with cancer traveling to an accredited treatment center

*Joe's House* :: <http://www.joeshouse.org/>

List of discounted accommodation near hospitals for those affected by cancer

## Adolescent and Young Adult (AYA) Cancer Support Resources:

### **Fertility Support**

*Fertile Action* :: <http://www.fertileaction.org/>

Educates those affected by cancer about fertility preservation options, offers peer support, and provides grants to reduce costs

*Livestrong Fertility* :: <https://www.livestrong.org/we-can-help/fertility-services>

Provides gender and age specific fertility information for those affected by cancer as well as a discount program

*MyOncoFertility* :: <http://www.myoncofertility.org/>

Educates patients and caregivers about cancer's impact on fertility and provides self-advocacy tips

*Hope for Two* :: <http://www.hopefortwo.org/>

Provides resources and peer-to-peer mentorships for women pregnant while dealing with cancer diagnosis and treatment decisions

## Adolescent and Young Adult (AYA) Cancer Support Resources:

### **Free Gifts and Services for Cancer Patients**

*Brushes with Cancer* :: <http://twistoutcancer.org/brushes-with-cancer>

A program that matches artists with those touched by those touched by cancer to creatively portray their story –

Chicago-based program: <https://applytodayforbrusheswithcancer.splashthat.com/>

*3 Little Birds 4 Life* :: <http://3littlebirds4life.org/>

Grants wishes to young adults ages 18-40 with any type of cancer at any stage

*Wish Upon a Wedding* :: <http://wishuponawedding.org/>

Grants weddings or vow renewals for couples facing terminal illness or serious life-changing circumstances

*Craig Willinger Fund* :: <http://cwfund.org/>

Grants trips to see soccer matches for teens and young adults (10-25) with a cancer diagnosis

*Phil's Friends* :: <http://philsfriends.org/>

Sends care packages to individuals with cancer

*Good Wishes* :: <http://www.goodwishesscarves.org/>

Provides one free scarf or wrap to anyone experiencing hair thinning or loss due to illness and/or treatment

*The Why? Foundation* :: <http://www.thewhyfoundation.org/fighter-bags/>

Provides “fighter bags” with donated products to anyone with a cancer diagnosis on a first come first serve basis

## Adolescent and Young Adult (AYA) Cancer Support Resources:

### **Cancer Information**

*American Cancer Society* :: <https://www.cancer.org/>

Cancer-specific information, resources and support

*Journal of Adolescent and Young Adult Oncology* :: <http://www.liebertpub.com/jayao>

Latest research in the new AYA-oncology field – Not all articles are available to the public, but some are fully available at no cost

*NCCN Guidelines for Patients: Caring for Adolescents and Young Adults* ::

<https://www.nccn.org/patients/guidelines/aya/index.html>

Comprehensive guidelines for young adults diagnosed with and navigating cancer

## Adolescent and Young Adult (AYA) Cancer Support Resources:

### **AYA Books and Blogs**

*Terminally Illin'* :: <http://www.cancercomicbook.com/>

Kaylin Andres artistically depicts her experience with cancer as a 23-year-old in this clever comic book

*Everything Changes: The Insider's Guide to Cancer in your 20's and 30's*

Kairol Rosenthal offers advice and stories from 25 young adults with cancer

*Blog: Texting with Cancer* :: <http://www.textingwithcancer.com/>

Natalie Sun documents her breast cancer diagnosis at age 25 through an optimistic and pessimistic texting conversation

*Planet Cancer: The Frequently Bizarre Yet Always Informative Experiences and Thoughts of Your Fellow Natives*

Compilation of essays by young adults impacted by cancer. Planet Cancer is now a Livestrong initiative.

*The Courage Club: A Radical Guide for Audaciously Living Beyond Cancer*

Katie Campbell describes her own young adult cancer experience and presents ways in which she found meaning in life with cancer.