

# AYA PROGRAM

AT UCHICAGO MEDICINE

COMMUNITY RESOURCE GUIDE – 2019



AT THE FOREFRONT  
**UChicago  
Medicine**



AT THE FOREFRONT OF **KIDS** MEDICINE®  
**UChicago Medicine**  
**Comer Children's**

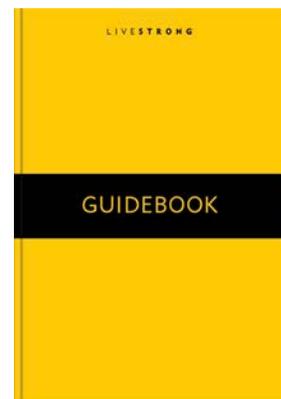
We know that having cancer is overwhelming and so we created this guide to help you access valuable resources and support. Please speak with your social worker about additional resources and support. Our AYA Program Manager can also help to direct you to helpful resources. In addition to this booklet, we encourage you to check out the two helpful guides listed below.

For searchable cancer support resources by zip code, visit Mission Control hosted by the Ulman Foundation:



<https://missioncontrol.auntbertha.com/>

For a guidebook to help you navigate the physical, emotional, and practical concerns you may have during your cancer journey:



<https://bit.ly/2DAyX9z>

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American Cancer Society is a great resource to get answers to your questions about cancer.

<https://www.cancer.org/>



National Cancer Institute provides accurate and up-to-date information about cancer and clinical trials.

<https://www.cancer.gov/>



Oncolink is a University of Pennsylvania website that helps to provide accurate cancer information.

<https://www.oncolink.org/>



Cancer101 helps patients and caregivers take control over their diagnosis, navigate their cancer journey, and partner to make informed decisions.

<http://cancer101.org/>



NCCN Guidelines for Patients: Adolescents and Young Adults with Cancer is a great resource for patients to better understand what doctors say and prepare you for treatment.

<https://bit.ly/2N3SXEE>



Stupid Cancer has great information and support specifically for cancer patients ages 15-39.

<https://stupidcancer.org/>



13thirty provides resources to AYA cancer patients to help them live their best lives. The website is full of helpful information that is specific to AYA's.

<http://13thirty.org/>



CancerQuest is a website that teaches you about the biology of cancer.

<https://www.cancerquest.org/>

# CANCER INFORMATION



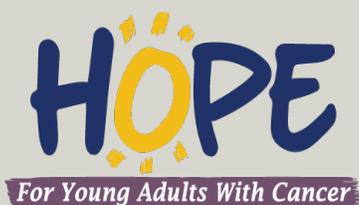
The SamFund provides grants for 21-39 year olds post-treatment or on maintenance therapy. They also offer financial education webinars & toolkits.

<http://www.thesamfund.org/>



DAM Cancer provides financial assistance to young adults, ages 18-35, who have cancer.

<https://www.dam-cancer.org/>



Hope for Young Adults with Cancer provides financial resources and funds for 18-40 year olds for everyday expenses.

<http://www.hope4yawc.org/>



Cuck Fancer provides financial assistance to young adults ages 18-29 within 5 years of diagnosis.

<https://www.cuckfancer.org/>



CancerCare offers financial assistance programs as well as co-payment assistance.

<https://bit.ly/2IJWi9f>



When health insurance is not enough.®

Healthwell Foundation provides financial assistance through grants to help with copays, premiums, deductibles, and out-of-pocket expenses.

<https://www.healthwellfoundation.org/>

# FINANCIAL ASSISTANCE

## IMPORTANT NOTE:

Please speak with your social worker about other options that are available for you.



The Ulman Foundation provides scholarships for young adults ages 15-39 to enable them to continue their education. They also have a cancer to 5k program.

<https://ulmanfoundation.org/>



Cancer For College provides college scholarships for young adults diagnosed with cancer.

<https://www.cancerforcollege.org/>



The Simon Cancer Foundation financially assists cancer patients by awarding scholarships for education.

<http://www.thescf.org/>



The National Collegiate Cancer Foundation provides need-based financial support to young adults who are pursuing higher education in treatment and beyond.

<http://collegiatecancer.org/>



The Patient Advocate Foundation awards scholarships to cancer patients as well as provides financial assistance through their co-pay relief program.

<https://bit.ly/2UhTI3g>



The Cancer Survivors Fund provides scholarships to young survivors to enable them to complete their college education.

<http://www.cancersurvivorsfund.org/>

# SCHOLARSHIPS

Cancer and Careers offers support for people with cancer who are trying to manage their cancer and their career. Answers and advice for working through treatment, FMLA, and managing treatment side effects.

<https://www.cancerandcareers.org/>

The Cancer Legal Resource Center offers unique education and assistance to cancer patients and their families on matters like maintaining employment through treatment, accessing healthcare and government benefits, and taking medical leave.

<http://cancerlegalresources.org/>



SAVEMYFERTILITY

TAKE  
CHARGE

FERTILE ACTION



TEAM MAGGIE



Livestrong fertility helps you understand your fertility risks and options and get access to fertility preservation discounts. You can also call to speak with a fertility navigator.

<https://bit.ly/2doFHJg>

Save my fertility is a resource for cancer patients to learn more about preserving their fertility before and during cancer treatment.

<http://www.savemyfertility.org/>

Take Charge is a website that aims to educate people whose fertility may be threatened by their disease or it's treatment. This website is very helpful in understanding your options.

<https://www.letstakecharge.org/>

Fertile Action works to ensure fertile women touched by cancer can become mothers through education, support, and financial aid.

<http://www.fertileaction.org/>

Verna's Purse provides financial assistance for fertility preservation services.

<https://bit.ly/2yGlfj6>

Team Maggie for a Cure provides financial assistance for fertility preservation.

<http://www.teammaggieforacure.org/>

Alliance for Fertility Preservation helps patients find fertility preservation services in their area as well as educates patients on their options.

<http://www.allianceforfertilitypreservation.org/>

# FERTILITY PRESERVATION

## IMPORTANT NOTE:

Please speak with your doctor about what fertility preservation options are available for you.

# SOCIAL & EMOTIONAL SUPPORT



Imerman Angels was created on the belief that no one should face cancer alone. They connect those at any point in their cancer journey with “Mentor Angels” to be able to ask questions and receive support.

<https://imermanangels.org/>



Lacuna Loft provides online support programs to young adult cancer patients, survivors, and caregivers.

<https://lacunaloft.org/>



Stupid Cancer is a leader in young adult cancer advocacy, research and support. They have online support programs, community meet ups and a yearly cancer conference.

<https://stupidcancer.org/>



Young Adult Cancer Connection provides an opportunity for young adults and their caregivers to come together to discover emotional & clinical resources unique to this age group.

<http://yacancerconnection.org/>



I had Cancer helps cancer patients and survivors connect and share personal experiences about cancer with others who really understand.

<https://www.ihadcancer.com/>



CancerCare: Young Adults provides free, professional support services for young adults affected by cancer as well as information and resources.

<https://bit.ly/2WiwO9I>



Gilda's Club offers free programs for anyone affected by cancer. They offer regular programming for all age groups.

<https://www.gildasclubchicago.org/>

# TRANSPORTATION & HOUSING



Joe's House is an organization that helps cancer patients and their families find a place to stay when traveling away from home for medical treatment.

<https://www.ioeshouse.org/>



Illinois Medical District Guest House provides low cost, temporary lodging for patients and families.

<http://www.imdguesthouse.org/>



The Road to Recovery through the American Cancer Society provides transportation to and from treatment for people with cancer who do not have a ride or cannot drive themselves.

<https://bit.ly/2kLwEY6>



Compass to Care is an organization that helps to schedule and pay for travel arrangements to the hospital where a child is being treated for cancer.

<http://compasstocare.org/>



Culinary Care provides free of charge nourishing meals to cancer patients and their families.

<https://culinarycare.org/>



**PINKYSWEAR**  
FOUNDATION

Pinky Swear Foundation provides financial assistance for families with children with cancer for basic needs including stable housing, transportation, groceries, bills, etc.

<https://www.pinkyswear.org/>



Corporate Angel Network provides free transportation for childhood cancer patients to hospitals by utilizing empty seats on planes.

<http://www.corpangelnetwork.org/>

# CAMPS, RETREATS, & WISHES



First Descents provides life-changing, outdoor adventures for young adults impacted by cancer. You can climb, paddle, and surf and connect with others who have similar experiences.

<https://firstdescents.org/>



True North Treks takes groups of young adults and caregivers from across the US on free backpacking and canoeing treks where they can connect with nature, peers, and themselves.

<http://www.truenorthtreks.org/>



Project Koru provides adventure-based experiences such as surfing, canoeing, stand up paddling, and snowboarding for young survivors.

<https://www.projectkoru.org/>



Send it Foundation creates outdoor adventures for young adult cancer fighters and survivors, removing them from their cancer experience and creating the space to play, connect, and have fun outdoors.

<https://www.senditfoundation.org/>



Camp Mak-A-Dream hosts camp experiences for all ages full of activities and education to help patients understand and cope with cancer.

<https://www.campdream.org/>



Survive and Thrive Cancer Programs take young adult cancer survivors on wilderness expeditions to connect with other cancer survivors and create a plan to rebuild your life.

<http://survivethrive.org/>



Epic Experience provides free week long adventures in the Colorado Rockies for adult cancer survivors (over age 18) to help survivors live beyond cancer.

<https://www.epicexperience.org/>



The Cassie Hines  
**SHOES CANCER  
FOUNDATION**

The Cassie Hines Shoe Foundation helps young adults with cancer by guiding them to peer support programs, including cancer camps, and encouraging participation and connection.

<https://www.cassiehinesshoescancer.org/>



The Cancer Wellness Center in Chicago has a variety of educational and support programs. They also have a wilderness backpacking program for AYAs with trips throughout the Midwest.

<https://www.cancerwellness.org/>



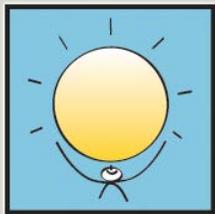
3 Little Birds 4 Life is a wish granting organization for those ages 25 to 55 with cancer.

<https://3littlebirds4life.org/>



Make a Wish is a wish granting organization for children with critical illnesses.

<http://wish.org/>



**Nikolas  
Ritschel  
Foundation**  
Take one step...

The Nikolas Ritschel Foundation is a wish granting program for those ages 18-24 with a diagnosis of cancer.

<http://www.nikolasritschelfoundation.org/>



**phil's friends**  
we bring hope

Phil's Friends provides support and hope to those affected by cancer through care packages.

<https://philsfriends.org/>



Wish Upon a Wedding provides weddings and vow renewals for couples facing serious illness.

<https://www.wishuponawedding.org/>

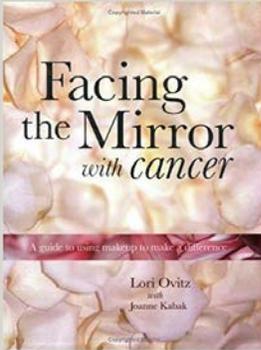
CAMPS, RETREATS, & WISHES

# BODY IMAGE SUPPORT



Look Good, Feel Better is a program open to all women with cancer. The program teaches beauty techniques to help manage the appearance-related side effects of cancer. You can call 1-800-227-2345 to register for the class at UChicago held at the Center for Advanced Medicine.

<https://bit.ly/2CMisd6>



Facing the Mirror with Cancer is a book that describes how to use makeup for dealing with appearance issues during cancer and beyond.

<https://amzn.to/2B4CHI1>

Lindi Skin provides effective skin care for cancer patients as treatments can create side-effects that impact the hydration and elasticity of the skin.

<https://www.lindiskin.com/>

J Crager Alternatives is a local Chicago shop that specializes in high quality wigs, hair pieces, and topical solutions. They can be reached at 773-248-6844 and are located at 3950 North Avondale Ave, Chicago, IL 60641.

<https://icalt.com/>

Chrysalis Custom Hair creates custom wigs for women undergoing cancer treatment in Chicago, IL. They can be reached at 844-384-9447 and are located at 3015 W. Roscoe St., Chicago, IL 60618.

<https://chrysaliscustomhair.com/>

Good Wishes provides free wraps or scarves to anyone experiencing hair loss as a result of treatment.

<http://www.goodwishesscarves.org/>



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