West Pullman has the largest “urban solar plant” in the entire nation. Historically, there has been a large output of agriculture coming from this community, due to its advances in solar energy. It also has one of the city’s largest home ownership rates.

Who lives here?

Race and Ethnicity
- Black: 93%
- White: 1%
- Hispanic/Latinx: 5%
- Asian or Pacific Islander: <1%

Sex
- Female: 55%
- Male: 45%

Age
- 00-04: 7%
- 05-14: 15%
- 15-24: 16%
- 25-34: 11%
- 35-44: 12%
- 45-54: 13%
- 55-64: 12%
- 65-74: 9%
- 75-84: 4%
- 85-94: 1%

Population: 30,793
Population change: ↑4%
Social Determinants of Health²

Social determinants of health are social, economic, and physical conditions in which people are born, live, and work that affect health and well-being. For example, where you live can limit access to healthy foods, this can in turn increase one’s risk for obesity and other chronic conditions related to diet.

**Economic Factors**

<table>
<thead>
<tr>
<th>Economic Factor</th>
<th>West Pullman</th>
<th>Chicago</th>
</tr>
</thead>
<tbody>
<tr>
<td>Median household income</td>
<td>$37,675</td>
<td>$53,006</td>
</tr>
<tr>
<td>Median household income</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Population living in poverty⁴</td>
<td>29%</td>
<td>19%</td>
</tr>
<tr>
<td>Unemployment</td>
<td>25%</td>
<td>8%</td>
</tr>
<tr>
<td>Population living in poverty⁴</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unemployment</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Physical Factors**

<table>
<thead>
<tr>
<th>Physical Factor</th>
<th>West Pullman</th>
<th>Chicago</th>
</tr>
</thead>
<tbody>
<tr>
<td>Violent crime incidents⁷</td>
<td>6,809</td>
<td>4,491</td>
</tr>
<tr>
<td>Violent crime incidents⁷</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

² Source: Centers for Disease Control and Prevention (CDC)
⁴ Source: U.S. Census Bureau
⁵ Source: U.S. Census Bureau
⁶ Source: U.S. Department of Agriculture
⁷ Source: Federal Bureau of Investigation (FBI)
Access to quality health care services is important for preventing and managing diseases and achieving health equity. High cost of care, inadequate insurance coverage, and lack of availability of quality services generally lead to barriers in clinical care.

### Access to Care

- **14%** of the population are uninsured\(^7\)
- **92%** report having a consistent source of primary care provider\(^8\)
- **86%** report that it is “usually” or “always” easy to get the care, tests or treatment they needed through their health plan\(^8\)
- **47%** of pregnant women received early and adequate prenatal care\(^9\)
- **63%** report receiving colorectal cancer screening\(^8\)

### Health Behaviors\(^8\)

Health behaviors are individual actions we take to prevent illnesses or maintain good health such as exercising and eating a balanced diet. Health behavior is greatly influenced by the social and economic conditions in which people live. For example, it is difficult to walk in the neighborhood to get exercise when you do not feel safe.

- **34%** report not participating in any physical activity or exercise in the past month
- **48%** report drinking soda or sweetened drinks everyday
- **14%** report being a smoker

- **21%** report eating five or more servings of fruits and vegetables daily
Health Outcomes

Health outcomes are the measures that define the health and wellbeing of the community. Health outcomes are a result of social determinants of health, access to clinical care, and health behaviors.

### Top Causes of Death
1. **Heart Disease**
2. **Cancer**
3. **Injury**
4. **Diabetes-related**
5. **Stroke**

### Disease Burden Among Adults
- **36%** have high blood pressure
- **53%** are obese
- **10%** are diabetic
- **10%** have asthma

### Life Expectancy at Birth
- **72 years**
  - Chicago: 77 years
  - The Loop: 82 years

### Community Resources
Community resources are necessary to achieve good health outcomes. A sample of the community resources necessary for optimal health outcomes and available in West Pullman are listed below. For a full list of all resources and their location, visit the Chicago Health Atlas at https://www.chicagohealthatlas.org/resources

```
4 Schools
2 Fitness Facilities
0 Hospital and Health Services
0 Community Gardens
43 Faith Based Organizations
7 Social Service Organizations
3 Grocery Stores
2 Pharmacies
2 Public Parks
```