South Shore is a lakefront community with its main attraction being the South Shore Cultural Center, which offers dance studios, golf course, theater and public beaches to the community. Some of the former residents of South Shore include First Lady Michelle Obama and Nobel Prize winner James D. Watson.¹

Who lives here?²

Race and Ethnicity

- 94% Black
- 3% White
- 2% Hispanic/Latinx
- <1% Asian or Pacific Islander

Sex

- 58% Female
- 42% Male

Age

- 7% 00-04
- 13% 05-14
- 14% 15-24
- 14% 25-34
- 13% 35-44
- 15% 45-54
- 12% 55-64
- 7% 65-74
- 4% 75-84
- 2% 85-94

Population:

- 48,522

Population change:²

- ↓ 2%

Chicago: 6%
Social Determinants of Health

Social determinants of health are social, economic, and physical conditions in which people are born, live, and work that affect health and well-being. For example, where you live can limit access to healthy foods, this can in turn increase one’s risk for obesity and other chronic conditions related to diet.

**Economic Factors**

**Median household income**

$26,906

- Chicago: $53,006

**Population living in poverty**

- South Shore: 38%
- Chicago: 19%

**Unemployment**

- South Shore: 21%
- Chicago: 8%

**Education**

- High school or equivalent: 24%
- Some college—no degree: 31%
- Bachelor’s degree or higher: 25%
- Less than high school: 12%
- Associates degree: 8%

**53%** of households are receiving food stamps

**1 in 2** children are living in poverty

**40%** of households are at risk for food insecurity

**Physical Factors**

- **22%** of housing units are vacant

**Violent crime incidents**

- Per 100,000 Population
  - South Shore: 8,704
  - Chicago: 4,491
Access to Care

Access to quality health care services is important for preventing and managing diseases and achieving health equity. High cost of care, inadequate insurance coverage, and lack of availability of quality services generally lead to barriers in clinical care.

Health Behaviors

Health behaviors are individual actions we take to prevent illnesses or maintain good health such as exercising and eating a balanced diet. Health behavior is greatly influenced by the social and economic conditions in which people live. For example, it is difficult to walk in the neighborhood to get exercise when you do not feel safe.

21% report not participating in any physical activity or exercise in the past month

36% report drinking soda or sweetened drinks everyday

19% report being a smoker

26% report eating five or more servings of fruits and vegetables daily
Health Outcomes

Health outcomes are the measures that define the health and wellbeing of the community. Health outcomes are a result of social determinants of health, access to clinical care, and health behaviors.

Top Causes of Death
1. Heart Disease
2. Cancer
3. Diabetes-related
4. Injury
5. Stroke

Disease Burden Among Adults
39% have high blood pressure
31% are obese
11% are diabetic
12% have asthma

Community Resources
Community resources are necessary to achieve good health outcomes. A sample of the community resources necessary for optimal health outcomes and available in South Shore are listed below. For a full list of all resources and their location, visit the Chicago Health Atlas at https://www.chicagohealthatlas.org/resources

Data presented in the profile are part of UChicago Medicine’s Community Health Needs Assessment (CHNA). Data for the CHNA were extracted by the Alliance for Health Equity or the Chicago Department of Public Health. For Full listing of all data sources refer to the CHNA at uchicagomedicine.org/community-health.

2: American Communities Survey 2012-2016 estimates;
3: Estimated percent change from 2010 Census to the American Communities Survey 2016 5 year estimates;
4: Under 100% of the Federal Poverty Level. The percentages for children living in poverty are rounded to a nearest fraction when possible to make this data user-friendly;
5: CMAP 2012-2016 5-year estimates.
6: Education level for population age 25 and over;
7: Household income 2017;
8: Community asset dataset;
9: Chicago Police Department;
10: Healthy Chicago survey;
11: Illinois Department of Public Health Vital Stats;