Calumet Heights is named after the Calumet River that is located nearby. It is home to the Bronzeville Children’s Museum. This museum is one of its kind, being the first and only African American children’s museum in the country.³

Who lives here?²

Race and Ethnicity

- 94% Black
- 1% White
- 4% Hispanic/Latinx
- <1% Asian or Pacific Islander

Sex

- 55% Female
- 45% Male

Age

- 00-04: 4%
- 05-14: 12%
- 15-24: 12%
- 25-34: 9%
- 35-44: 12%
- 45-54: 15%
- 55-64: 13%
- 65-74: 14%
- 75-84: 8%
- 85-94: 2%

Population: 13,306

Population change: -4%

Chicago: +6%
Social Determinants of Health

Social determinants of health are social, economic, and physical conditions in which people are born, live, and work that affect health and well-being. For example, where you live can limit access to healthy foods, this can in turn increase one’s risk for obesity and other chronic conditions related to diet.

Economic Factors

Median household income

$46,581

Chicago: $53,006

Population living in poverty

19%

Calumet Heights

Unemployment

14%

Chicago

Unemployment

8%

Calumet Heights

Education

10% Associates degree

11% Less than high school

26% Bachelor’s degree or higher

26% High school or equivalent

27% Some college—no degree

Physical Factors

12% of housing units are vacant

93% of adults report that they feel safe in their neighborhood “most or all of the time”

Violent crime incidents

5,300

Per 100,000 Population

Chicago

Calumet Heights
Access to Care

Access to quality health care services is important for preventing and managing diseases and achieving health equity. High cost of care, inadequate insurance coverage, and lack of availability of quality services generally lead to barriers in clinical care.

**Access to Care**

- 9% of the population are uninsured
- 82% report having a consistent source of primary care provider
- 78% report that it is “usually” or “always” easy to get the care, tests or treatment they needed through their health plan
- 54% of pregnant women received early and adequate prenatal care
- 44% report receiving colorectal cancer screening

**Health Behaviors**

Health behaviors are individual actions we take to prevent illnesses or maintain good health such as exercising and eating a balanced diet. Health behavior is greatly influenced by the social and economic conditions in which people live. For example, it is difficult to walk in the neighborhood to get exercise when you do not feel safe.

- 17% report not participating in any physical activity or exercise in the past month
- 50% report drinking soda or sweetened drinks everyday
- 14% report being a smoker
- 26% report eating five or more servings of fruits and vegetables daily
Health Outcomes

Health outcomes are the measures that define the health and wellbeing of the community. Health outcomes are a result of social determinants of health, access to clinical care, and health behaviors.

<table>
<thead>
<tr>
<th>Top Causes of Death</th>
<th>Infant Mortality</th>
<th>Life Expectancy at Birth</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Cancer</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Heart Disease</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Injury</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Diabetes-related</td>
<td></td>
<td></td>
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<tr>
<td>5. Stroke</td>
<td></td>
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</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>% have high blood pressure</th>
<th>% are obese</th>
<th>% are diabetic</th>
<th>% have asthma</th>
</tr>
</thead>
<tbody>
<tr>
<td>52%</td>
<td>31%</td>
<td>24%</td>
<td>15%</td>
</tr>
</tbody>
</table>

Disease Burden Among Adults

Community Resources

Community resources are necessary to achieve good health outcomes. A sample of the community resources necessary for optimal health outcomes and available in Calumet Heights are listed below. For a full list of all resources and their location, visit the Chicago Health Atlas at https://www.chicagohealthatlas.org/resources

<table>
<thead>
<tr>
<th>7 Schools</th>
<th>1 Fitness Facilities</th>
<th>8 Hospital and Health Services</th>
<th>0 Community Gardens</th>
</tr>
</thead>
<tbody>
<tr>
<td>9 Faith Based Organizations</td>
<td>3 Social Service Organizations</td>
<td>1 Grocery Stores</td>
<td>4 Pharmacies</td>
</tr>
<tr>
<td>2 Public Parks</td>
<td></td>
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</tbody>
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