



THE UNIVERSITY OF
CHICAGO
MEDICINE

University of Chicago Medicine
Orthopaedic Manual Physical Therapy Fellowship Overview

Mission of Fellowship Program: The mission of University of Chicago Medicine Orthopaedic Manual Physical Therapy (OMPT) fellowship program is to provide a professional development opportunity to prepare physical therapists to become a board certified clinical specialist in the area of orthopedic or pediatric physical therapy through didactic education, participation in research, professionally mentored patient care experiences and independent patient care. The programs will emphasize the development of advanced psychomotor skills, theoretical rationales, evidence based techniques, and complex clinical reasoning to enhance the resident's ability to evaluate and treat pediatric or orthopedic patient populations. The program graduate will be a physical therapist clinical specialist who will be an ongoing resource for the University of Chicago Medical Center and the physical therapy and medical community by promoting rehabilitation, health, and wellness, for the persons they serve.

The Goals of the OMPT Fellowship Program at UCM are:

To provide a post professional, specialty defined (pediatric or orthopedic) educational experience to physical therapists who will be better able to:

1. Utilize current evidence- based Physical Therapy information to make accurate Physical Therapy diagnoses/ prognosis and determine the appropriate plan of Physical Therapy care
2. Apply advanced physical therapy interventions for a physical therapy episode of care of pediatric or orthopedic conditions
3. Demonstrate the communication/collaboration skills with the members of the multidisciplinary team and the patient, needed to care for a person with disorders of body structure or function, activity limitations or participation restrictions
4. Provide health and wellness or injury prevention programs and/or educational presentations for persons in the community as it relates to physical fitness, movement, development, and other related Physical Therapy topics

5. Participate in the development of new or innovative Physical Therapy techniques and the collection of evidence to support the effectiveness of those techniques to enhance the practice of orthopedic or pediatric Physical Therapy
6. Contribute to the Physical Therapy profession through, teaching, research, publication and presentations

Curriculum:

Schedule for education curriculum

- 52 weeks/ fellowship year:
 - 2 weeks orientation
 - 2 weeks exam time
 - 48 weeks for didactic courses.

Breakdown of teaching hours during the 48 weeks of didactic courses:
Approximately: 7 hours education, 33 hours treating per week

- **Clinical Practice:** 33 hours per week = 1650 hours
- **Course work Didactic learning and Lab** = 3 hours a week x 48 weeks (lectures and labs) = 144 hours
- **Mentoring** = 3 hours a week x 48 weeks (one on one with FAAOMPT faculty) = 144
- **Clinical Investigations** = 2 hours a week x 48 weeks (research, journal clubs, grand rounds) = 96 hours
- **Specialty Practice Observation** = 8 hours with OMPT specialists
- **Caseload discussion/planning/clinical problem solving** = 40 hours (one-on-one with mentor/faculty)

Total hours for program: 2,082 scheduled

Outline of OMPT Fellowship Program educational courses:

OMPT: Scientific Foundation-1 week
 OMPT: Theory and Practice: 1 week
 Clinical Reasoning and Medical Screening: 1 week
 Research: 2 weeks
 Cervical Spine: 5 weeks
 Vestibular rehab: 1 week
 TMJ: 2 weeks
 Thoracic spine: 4 weeks
 Lumbar spine and SI joint: 6 weeks
 Rheumatology: 1 week
 Pharmacology: 1 week
 Shoulder: 3 weeks
 Elbow: 2 weeks
 Wrist and hand: 3 weeks
 Cardiopulmonary/Exercise physiology/Wellness: 1 week
 Hip: 3 weeks
 Knee: 3 weeks

Foot and ankle: 4 weeks
Nutrition: 1 week
Chronic Pain and Disability: 1 week
Edema control in the orthopaedic patient: 1 week
Lab technique review: 1 week

Hours:

The majority of on site fellowship program activities occur Monday through Friday between the hours of 7AM and 6:30 PM. Fellows-in-training are considered to be exempt employees who are salaried. Their work schedule will be flexible and allow for patient care, training, mentoring, and study time and preparation. Schedules are coordinated by the fellowship program coordinator and shall not exceed expectation of more than 50 hours /week of direct program participation. There will be additional personal study time required.

Weekend Coverage: None

Professional Liability Insurance:

As an employee of the UCMC, a fellow-in-training is covered by the organization's professional liability policy. This coverage extends only to those activities that are required by their participation in the program. All fellows-in-training are encouraged to carry their own personal professional liability coverage.

Salary

As a fellow-in-training in the program, your salary for the year of the fellowship program is set according to the cost of maintaining the program. For the 2017 class, the salary is set at \$58,000 annually

There are no additional monies allocated for outside continuing education, application or testing fees for ABPTS, tuition reimbursement, travel or parking fees to any observations/ outside facilities, living expenses. Licensure fees, or professional dues.

UCM OMPT Fellowship Program

Paid Time Off (PTO) Guidelines

OMPT fellows-in-training are full time employees of University of Chicago Medicine. They will be eligible to take 5 days of paid time off, with the approval of the fellowship program coordinator and the assistant director. 6 organizational holidays will also be paid; New Year's Day, Memorial Day, 4th of July, Labor Day, Thanksgiving Day, and Christmas Day. Because of the extensive education and curriculum pieces of the fellowship positions, it is very challenging to provide the

fellows-in-training with extended time (more than 1-2 consecutive work days) off throughout their program.

Paid Time off:

- Paid days off will be scheduled with the approval of the fellow-in-training's manager and the OMPT Fellowship Program Coordinator. Unscheduled days off, (such as sick, emergency, etc.) must also be approved by the fellowship program coordinator and will be deducted from the PTO bank.
- Any unpaid time (beyond the 5 days) will be granted only for an approved emergency leave, by the Therapy Services Director.
- New employees of the Therapy Services Department are encouraged not to take paid days off during their first 6 months of employment. This is considered probationary time.
- All paid time off must be taken within the time frame of the fellowship program commitment.
- Time off from the fellowship program may be allowed if:
 - Staffing allows adequate patient care coverage
 - Time is requested a minimum of 4 weeks ahead of scheduled day off
 - The fellows-in-training may need to work additional hours before and after a scheduled day off to assure that all educational pieces and patient care obligations are achieved.

Sick Days:

- All employees are asked to not put patients and co-workers at risk by attending work if they are ill.
- If a fellow-in-training is sick, they need to call the department 773-702-6891 and leave a voicemail message on the main number prior to 7AM of their scheduled day of work. If possible, therapists are also asked to provide information to assist re-scheduling their patients.
- If sick time taken exceeds amount of PTO days (5) or if a pattern is noticed, time off will be discussed with the fellow-in-training. A doctors' note may be required any time abuse of sick time is suspected

How to Apply:

Eligibility: Physical Therapists licensed or eligible for licensure, in the state of Illinois, are encouraged to apply. **Only physical therapists licensed in the state of Illinois will be hired.**

The application must include a letter of intent, curriculum vitae, 2 letters of recommendation, and an online UCMC application.

- The letter of intent must include the following: 1) goals/objectives for the residency program, 2) a summary of prior clinical and educational

experience and 3) short and long term goals for an orthopedic subspecialty.

- Please include a current curriculum vitae or resume.
- The 3 letters of recommendation **must include two of the following:**
 - 1) Current or former supervisor, (if a recent graduate; from a current or former clinical instructor)
 - 2) Instructor/faculty member from an accredited physical therapy program
 - 3) A physician with whom the physical therapist has worked in the past year (not required an option).

Complete a PT Fellow application online at:

<http://www.uchospitals.edu/jobs/index.html>

You will be emailed a specific PT fellow-in-training job description.

Interviews:

Top candidates will be interviewed initially via phone, second interviews will be completed on the University of Chicago Medical Campus in April of the application year. All interviews will include behavioral and clinical questions. Please be prepared to discuss research ideas and to demonstrate patient interactions and treatment plans.

The completed application should be forwarded no later than **March 31st, 2018:** (please contact to confirm deadline dates for future classes)

Michael Maninang, PT, DPT, OCS, FAAOMPT
Program Coordinator for OMPT Fellowship Program
University of Chicago Medicine
5841 South Maryland Avenue, MC 1081
Chicago, IL 60637
Voice Mail 773-795-7254
Fax 773-702-5340
e-mail: michael.maninang@uchospitals.edu

Frequently Asked Questions:

1. As a full time employee at the hospital, how is the fellow-in-training (fit) compensated? Is there a separate fellow-in-training rate during program hours? Or is the fellow-in-training on a "normal" salary with additional years of commitment after the fellowship ends? Is there tuition involved or is it waived by being a full time employee? **The fellow-in-training position is a full time salaried position. The level of compensation is less than a full time treating therapist and the difference in pay is what it costs UCM to educate the fellow-in-training. There are not additional years of commitment from the fellow-in-training or the organization upon completion of the program.**

3. How many people are usually accepted into the program each year?
2 fellows-in-training
4. Are the 3 hours of didactic coursework each week in a classroom format? If so, is that during the working week or on the weekend? This is generally presented during the work week, occasionally on a weekend if faculty schedule requires.
5. Who are the faculty of this program and who are the mentors? Faculty and mentors are the same – most are employees of UCMC and for. During each section the faculty who is teaching is also mentoring the fellow-in training for at least 3 hours/week.
6. As far as the letters of recommendation, are they to be sent to you directly by the writers or should it come with the rest of my application in the same packet? Either way is acceptable as long as they are sealed and signed on the back by the writer.
8. Do fellows-in-training work weekends? No.
9. Does the University of Chicago affiliate with a Physical Therapy School and require teaching in the University setting? The University of Chicago does not have a PT program which it is affiliated with for teaching. We do have a medical school at the University of Chicago and the OMPT fellows will be involved in teaching Medical residents from the primary care and orthopedic departments as well as nurses and other health professionals. We also take a number of PT students throughout the year for clinical rotations.